

May 3, 2019

Representative Jim McGovern 408 Cannon House Office Building Washington, DC 20515 Representative Jaime Herrera Beutler 1107 Longworth House Office Building Washington, DC 20515

Dear Representatives McGovern and Herrera Beutler:

On behalf of Patients & Providers for Medical Nutrition Equity, a coalition of nearly 40 patient and provider organizations that represent individuals for whom specialized nutrition is medically necessary for treatment of their digestive or inherited metabolic disorder, we write to provide our strong endorsement of the Medical Nutrition Equity Act (H.R. 2501) as reintroduced in the 116th Congress. We applaud your leadership in recognizing the problems that patients with these chronic conditions face, and for introducing legislation that allows these patients and their physicians to pick the treatments that are medically appropriate for them.

For a subset of the patients with the diseases and conditions covered under your legislation, specific formulas and vitamins essential to the treatment of these conditions offer a more medically appropriate, less risky, and less costly alternative. For example, for many of the digestive diseases covered in your legislation, medical nutrition may constitute the only safe and effective therapy available to a patient. Alternatively, medical nutrition may be the preferred medical treatment, with fewer risks and side-effects than other therapeutic options.

Additionally, nearly four million newborns in the United States receive state-mandated testing for inborn errors of metabolism as recommended by the Secretary of HHS' Recommended Uniform Screening Panel. Each year, approximately 7,200 of these babies are diagnosed with inherited metabolic disorders as a result of this mandated testing. For most of these babies, the use of medical nutrition is not merely an optional, alternative food choice, but a medical necessity.

When diseases of the digestive system or inherited metabolic disorders are left unmanaged or untreated, the medical consequences are often significant, permanent, and costly. The implications of denied or delayed access to medical nutrition in pediatric populations are particularly profound — inadequate growth, abnormal development, cognitive impairment, and behavioral disorders. In severe cases, without medical nutrition, the outcome can be surgery, hospitalizations, intellectual disability, or even death. Children with an unmanaged disease also suffer emotionally and socially.

Medically necessary nutrition is sometimes the best or only treatment for a digestive or metabolic condition. Insurance companies will typically cover pharmaceuticals or biologics for treatment of some of these conditions; however, these types of treatments may not be the first-line therapy a physician would recommend and do not work for all patients. Further, pharmaceuticals and biologics are often costly and can have undesirable risks such as cancer or suppression of the immune system, which can increase a patient's risk of infection.

Even when an insurance company does cover medically necessary nutrition, it often comes with the stipulation that the formula be administered through a feeding tube (for example, a nasogastric tube, placed through the nose into the stomach or a gastrostomy tube, surgically placed directly into the stomach). Surgery to place a feeding tube is expensive and these tubes carry additional risks. For example, a gastrostomy tube can leak, cause ulcerations, or cause infection at the insertion site. In

severe cases, a patient may experience a perforation in the intestinal tract. Medically necessary nutrition, when administered under a physician's order, constitutes life-saving treatment with lower costs and fewer risks.

These types of coverage policies are irrational and interfere with thoughtful medical decision making. Further, without coverage, medical nutrition is unaffordable for many families. For example, some children with Crohn's disease require a pre-digested formula such as Peptamen 1.5, which, at five cans per day, can cost an average of \$1,500/month. For many patients and their families, the out-of-pocket costs for specialized formulas are prohibitive, particularly when you consider that these formulas cost less than biologics that are covered for some of these conditions. Biologic therapies are not only costly, but confer medical risks, such as suppression of the immune system which can increase a patient's risk of infection.

The Medical Nutrition Equity Act (H.R. 2501) would ensure coverage parity, providing patients the ability to choose the best treatment option in consultation with their physician. Patients & Providers for Medical Nutrition Equity thanks you for your critical leadership on this important issue. Passage of this bill will have a profound effect on the many patients who require medically necessary nutrition to survive and thrive. We stand ready to work with you to build critical bi-partisan support for this legislation and to move toward passage. Please contact Megan Gordon Don at 202.246.8095 or mgdon@mgdstrategies.com if you have any questions or need more information.

Sincerely,

American Academy of Pediatrics American College of Gastroenterology American College of Medical Genetics and Genomics American Gastroenterological Association American Partnership for Eosinophilic Disorders American Society for Parenteral and Enteral Nutrition (ASPEN) Ann & Robert H. Lurie Children's Hospital of Chicago **Association for Creatine Deficiencies** Association of Pediatric Gastroenterology and **Nutrition Nurses** Children's Hospital at Dartmouth Children's Hospital Colorado Children's Medical Nutrition Alliance Children's MAGIC US Children's National Health System Crohn's & Colitis Foundation Campaign Urging Research for Eosinophilic Disease (CURED) **EveryLife Foundation for Rare Diseases FPIES Foundation** FOD (Fatty Oxidation Disorders) Family Support Group Galactosemia Foundation Genetic Metabolic Dietitians International (GMDI) **HCU Network America** International Foundation for Gastrointestinal **Disorders (IFFGD)** International FPIES Association Maple Syrup Urine Disease Family Support Group March of Dimes National Organization for Rare Disorders (NORD) National PKU Alliance, Inc. National PKU News National Urea Cycle Disorders Foundation Nationwide Children's Hospital Network of Tyrosinemia Advocates (NOTA) North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN) **Oley Foundation Organic Acidemia Association Pediatric IBD Foundation Propionic Acidemia Foundation** Society for Inherited Metabolic Disorders