Galactosemia (GALT Deficiency)

Absent or decreased GALT

Quantitative RBC GALT assay*

GALT < 1%

GALT genotype

*Q188R/Q188R

Other

Severe

Severe

Classical galactosemia (potentially life-threatening)

GALT = 1 – 10%

GALT genotype

S135L/S135L

† Variant/Variant

‡ Severe/Variant

Variant (Clinical) Galactosemia

GALT >10 – 75%

GALT genotype

Q188R/Variant

Other

‡ Variant/Variant

‡ Variant/Variant

Variant (Clinical) Galactosemia

GALT Normal

No further action required

GALT genotype

Q188R/Normal

Severe/Normal

‡Variant/Variant

Variant (benign) Galactosemia or carrier

Abbreviations/Key

GALT = Galactose-1-phosphate uridyl transferase

LFT: Liver Function Tests

RBC = Red blood cell

a = Abnormal 120 min. [13C] galactose breath test

b = Normal 120 min. [13C] galactose breath test and 10% GALT in liver

† = Clinically significant variant type

‡ = Benign variant type

* = Transfusions can invalidate results of RBC enzyme assays

Disclaimer: This guideline is designed primarily as an educational resource for clinicians to help them provide quality medical care. It should not be considered inclusive of all proper procedures and tests or exclusive of other procedures and tests that are reasonably directed to obtaining the same results. Adherence to this guideline does not necessarily ensure a successful medical outcome. In determining the propriety of any specific procedure or test, the clinician should apply his or her own professional judgment to the specific clinical circumstances presented by the individual patient or specimen. Clinicians are encouraged to document the reasons for the use of a particular procedure or test, whether or not it is in conformance with this guideline. Clinicians also are advised to take notice of the date this guideline was adopted, and to consider other medical and scientific information that become available after that date.